



# SALLISAW PUBLIC SCHOOLS

## Eastside Elementary School

Breakfast and Lunch Menu  
November 2023



Alternate Cereal Choice Available for Breakfast

Breakfast and Lunch Served with variety milk choice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>Sallisaw Public Schools is proud to announce that Breakfast and Lunch will be served FREE to Liberty, Eastside and Sallisaw Middle School for the 2023-2024 school year.</p>		
30	31	1	2	3
Ham and Cheese Biscuit Fruit Juice, Milk	Waffles Fruit Juice, Milk	Oatmeal and Toast Fruit Juice, Milk	Breakfast Banana Split Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
<b>Hot Dog</b>  Pork n Beans Sunchips Fresh Fruit and Vegetable Bar Cookie Milk	<b>Witches Brew Beef Stew</b>  Crumbly Crackers Fresh Fruit and Vegetable Bar Ooey Goey Cinnamon Rolls Milk	<b>Meatballs</b>  Mashed Potatoes & Gravy WG Hot Roll Fresh Fruit and Vegetable Bar Milk	<b>Tator Tot Casserole</b>  Green Beans Sliced Bread and Butter Fresh Fruit and Vegetable Bar Milk	<b>Cheesy Breadstick</b>  Marinara Sauce Ceasar Salad Fresh Fruit and Vegetable Bar SideKick Milk
Hamburger/Veggie	Same	Chicken Nuggets/ Veggie	Same	PBJ/Cheese Stick/Veggie
6	7	8	9	10
Sausage,Egg & Cheese Muffin Fruit Juice, Milk	Pancake on a Stick Fruit Juice, Milk	Yogurt and Grahams Fruit Juice, Milk	Cheese Omelet and Toast Fruit Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
<b>Turkey and Cheese Wrap</b>  Lettuce, Tomato and Pickle Ranch Pasta Salad Fresh Fruit and Vegetable Bar Cookie Milk	<b>Beef Nachos</b>  Refried Beans Chips and Salsa Fresh Fruit and Vegetable Bar Milk	<b>Hamburger Steak</b>  Mashed Potatoes & Gravy WG Hot Roll Fresh Fruit and Vegetable Bar Milk	<b>Frito Chili Pie</b>  Shredded Cheese Corn on the Cob Fresh Fruit and Vegetable Bar Milk	<b>Personal Pan Pizza</b>  Baby Carrots and Ranch Corn Salad Fresh Fruit and Vegetable Bar Apples Slices w/ Caramel Dip
Hamburger/Veggie	Same	Chicken Nuggets/ Veggie	Same	Pizza/Veggie/Apples & Caramel
13	14	15	16	17
Sausage Biscuit Fruit Juice, Milk	French Toast Sticks Fruit Juice, Milk	Breakfast Pizza Fruit Juice, Milk	Strawberry Parfait Granola or Grahams Juice, Milk	Biscuits and Gravy Fruit Juice, Milk
<b>Hamburger</b>  Lettuce, Tomato and Pickles Baked Beans Fresh Fruit and Vegetable Bar Sherbert Cup Milk	<b>Cripitos w/ Cheese Sauce</b>  Spanish Rice Chips and Salsa Fresh Fruit and Vegetable Bar Milk	<b>Corn Dog</b>  Potato Smiles Fresh Fruit and Vegetable Bar Milk	<b>Thanksgiving Dinner</b>  	<b>Pepperoni Pizza Rippers</b>  Marinara Sauce Fresh Broccoli and Ranch Fresh Fruit and Vegetable Bar Milk
Same	Same	Same	Same	Same
20	21	22	23	24

\*\*\*\*\*THANKSGIVING BREAK November 20th - November 24th\*\*\*\*\*

\*\*\*Menu Subject to Change According to Product Availability\*\*\*

This institution is an equal opportunity provider.